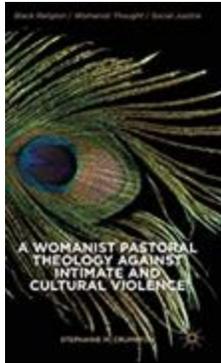




The Dinah Project by Rev. Dr. Monica A. Coleman

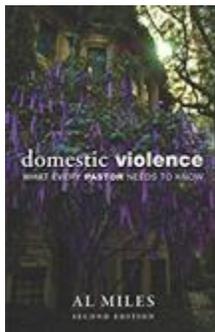
This book is focused on sexual violence which is valuable but can be used to develop DV programs and awareness as well.

Sexual violence is rarely discussed in church, despite the rising incidents of rape, sexual assault, molestation and incest. The Dinah Project, which gets its name from Genesis 34 - the rape of Dinah, Jacob's daughter - was borne out of the author's decision to start healing through the church after being raped. The result is this book and an entire ministry program to assist churches in responding to sexual violence. The Dinah Project describes programmatic ways in which a local church can respond to the crisis of sexual violence in the community. By sharing the lessons of one church, this book proposes detailed methods for instituting a church program. The Dinah Project provides church activities ranging from providing resources for members to ways to organize a full-time church ministry, and many stages in between. Topics include planning worship services, conducting community education workshops, working with local agencies, establishing a board of directors and holding therapy groups at the church. With checklists, forms and detailed explanations, this user-friendly book guides any interested individual from basic information about sexual violence to tips on budgeting for programs.



A Womanist Pastoral Theology Against Intimate and Cultural Violence by Dr. Stephanie Crumpton

This book is about Black women's search for relationships and encounters that support healing from intimate and cultural violence. Narratives provide an ethnographic snapshot of this violence, while raising concerns over whether or not existing paradigms for pastoral care and counseling are congruent with how many Black women approach healing.



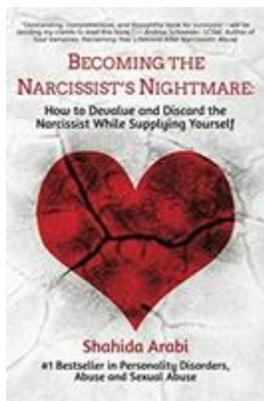
Domestic Violence What Every Pastor Needs to Know by Al Miles

According to the American Medical Association, one quarter of American women will be abused by an intimate partner at some point in their lives. Loving support can make a tremendous difference to survivors as they struggle with the difficult process of healing and regaining trust in themselves and others. Often, however, pastoral caregivers possess the same misconceptions about domestic violence as does the uninformed public.

Al Miles addresses the issues related to inadequate pastoral response to this pervasive problem. He explores the dynamics of abusive relationships and the role that clergy members can take to heal this painful situation.

PASTORAL DV RESOURCES FOR UNDERSTANDING, ACTION, AND SUPPORT

The new edition of Domestic Violence builds upon the insights, policies, and programs of the original volume and includes new information on the pathology of domestic violence and the effect the economic downturn is having on victim-survivors and batterers. Miles also focuses on helping clergy and other pastoral ministers develop a more compassionate response to victim-survivors who are gay, lesbian, bisexual, and transgender.



Becoming the Narcissist's Nightmare by Shahida Arabi

Although clinical research has been conducted on narcissism as a disorder, less is known about its effects on victims who are in toxic relationships with partners with Narcissistic Personality Disorder. Individuals with this disorder engage in chronic devaluation and manipulation of their partners, a psychological and emotional phenomenon known as "narcissistic abuse." Unfortunately, the full extent of what narcissistic abuse entails is not taught in any psychology class or diagnostic manual. Since pathological narcissists are unlikely to seek treatment for their disorder, it is difficult to pinpoint what exactly makes a narcissistic abuser tick and the manipulative tactics they use, which are likely to differ from those of other types of abusers as they are more covert and underhanded. What is even more baffling is the addiction we form with our narcissistic abusers, created by biochemical bonds and trauma bonds that are also unlike any other relationship we experience. In this book, survivors will learn:

- The red flags of narcissistic behavior and covert manipulation tactics, including subtle signs many survivors don't catch in the early stages of dating a narcissist.

•The motives behind narcissistic abuse and techniques to resist a narcissist's manipulation. •Why abuse survivors usually stay with a narcissist long after incidents of abuse occur. •How our own brain chemistry locks us into an addiction with a narcissistic or toxic partner, creating cravings for the constant chaos of the abuse cycle.

More valuable books:

- The Sacred Selves of adolescent Girls; Hard Stories of Race, Class, and Gender- Evelyn L. Parker
- The Practice of Pastoral Care, Carrie Doehring
- Human Development and Faith- Felicity B. Kelcourse
- Counseling Depressed Women, Susan J. Dunlap
- Trauma and Recovery, Judith Herman
- Complex PTSD: From Surviving to Thriving, Pete Walker
- Mending the Cloth, Lisa E. Tunstall
- We Real Cool- Bell Hooks
- The Will To Change: Men, Masculinity, and Love- Bell Hooks
- All About Love- Bell Hooks
- Communion- Bell Hooks
- Hold Me Tight: Seven Conversations For a Lifetime of Love- Sue Johnson

Websites for constructing programming and resources:

Break the Cycle is full of resources to aid in developing teen/youth programs and raising awareness

<https://www.breakthecycle.org/>

100 Sermons

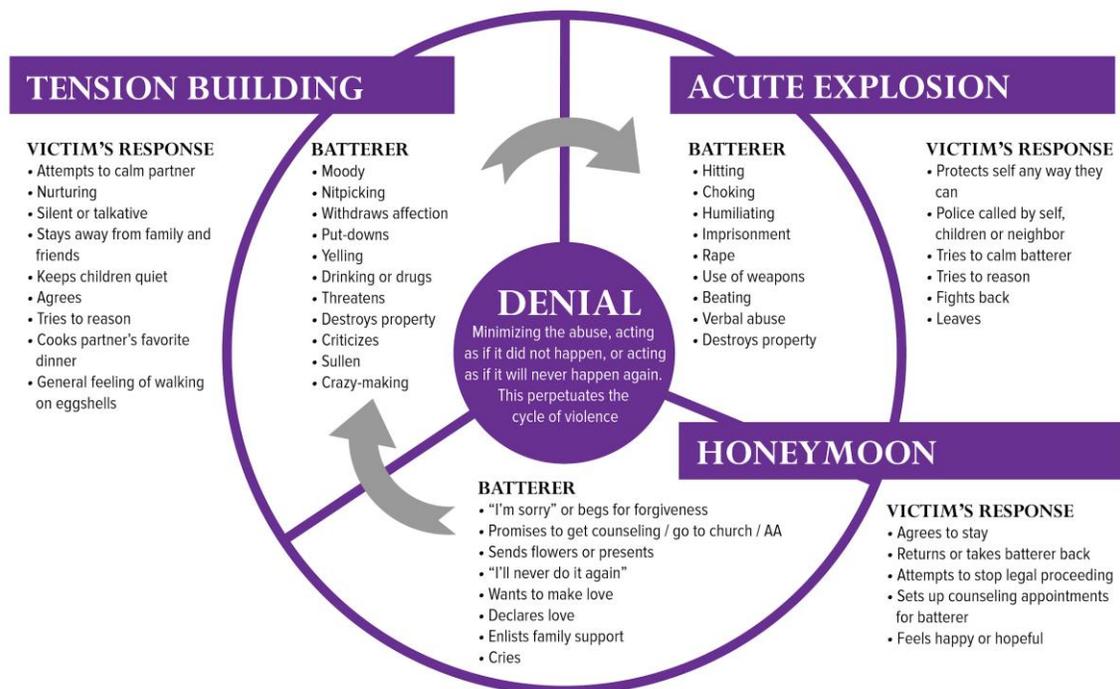
In January, we invited pastors and parishioners to send us sermons on domestic and sexual violence, hoping to have 100 sermons by the end of the year. By the end of July, we had nearly 150. Below, read quotes from each sermon, and learn how you can begin making your church a safer sanctuary for survivors. You can search by location, scripture, or denomination.

<https://sojo.net/100sermons>

****National Network to end Domestic Violence is one of the best websites for tools, content, education, and information.

<https://nnedv.org/>

UNDERSTANDING THE CYCLE OF VIOLENCE



Emailed news letters of support

Project Happiness hello@projecthappiness.org via
mailchimpapp.net

On the Wings of Grief -ObitTree

Daily Om has great online classes for transformation

Songs :

- Broken - They, Jessie Reyez
- I need you to Survive- Hezekiah Walker
- Cycles -Johnathan McReynolds
- February 3rd- Jorja Smith
- Wide Awake- Katy Perry

PASTORAL DV RESOURCES FOR UNDERSTANDING, ACTION, AND SUPPORT

- Where Did I Go- Jorja Smith
- Teenage Fantasy- Jorja Smith
- No More Drama- Mary J. Blige
- If This is Love- Xavier Omar
- How Do You Love Me- Xavier Omar
- Stronger than Ever- Christina Aguilera
- Liberation- Christina Aguilera
- Rise Up- Audra Day
- Holy- Jamila Woods
- Golden- Jill Scott
- I am Light- India Irie
- Prayer for Humanity- India Irie
- Sacred Space- India Irie
- Pass You By - Boys II Men
- I Love Myself- Chaka Khan
- Me, Myself and I - Beyonce
- You Found Me- The Fray
- Find your light- Monodeluxe
- #EmpowermentPlaylist on YouTube and Spotify