

## **Made in God's Image: A Workshop on Body Image**

**Guest Speaker/Workshop Leader: Rev. Sarah Renfro**



**First Christian Church Sterling, Illinois  
Saturday, August 22**

**4pm followed by a service of healing with dinner after (bring a dish to share)**

**Please register by signing up in the church fellowship hall or by calling the church at 815-625-6851**

**This FREE event is open to ALL people**

### **Rev. Sarah Renfro Bio**

Rev. Sarah Renfro modeled professionally around the world for seven years. After struggling with body image issues, disordered eating, and depression, she retired and returned to graduate from the University of Kentucky. She then attended Lexington Theological Seminary and was ordained in 2010. Today, Rev. Renfro is married to Rev. Kyle Brown, mom of almost-four-year-old Miriam, and beginning in August, one of the ministers at Geist Christian Church, Fishers, IN. Sarah is privileged to share her unique experiences of fashion and faith, modeling and ministry with youth, women's groups, and denominational gatherings. Most recently, she keynoted the Disciple Women's Ministries of FCC Ashland and Lawrenceburg, KY, Women's Spring Event at New Castle, IN and participated in the Washington, NC Youth Prayer Breakfast as one of their "Christian Celebrities." Sarah is also a featured speaker at this summer's Lion and Lamb Festival in the Quad Cities. In her workshops and retreats, Sarah attempts to expose the myth of media's "ideal beauty" standard, while empowering all to embrace the reflection of the Divine within. Check out her website [revrenfro.com](http://revrenfro.com), [Facebook.com/revrenfro](https://www.facebook.com/revrenfro), and [@revrenfro](https://twitter.com/revrenfro) on Twitter.

### **Workshop Description**

Some people look in every mirror they see. Others would rather not see themselves. We, as a culture, have a complex, and often negative image of self and body. We are bombarded by media messages, which tell us that we are not good enough just as we are. In her body image workshop, Rev. Sarah Renfro will share her story from the fashion industry and how her experiences formed her faith that we are all made in the image of God. With activities and discussion, she hopes to empower all children of God to embrace their reflection in the mirror and develop a positive body image.